



# King County Fire District #40

Dedicated to the Community We Serve



WWW.FD40.COM

FALL 2018

Be prepared! Remember to keep enough supplies in an Emergency Survival Kit to last from three (3) days up to two (2) weeks.

- Water. One gallon per person per day.
- Food. Non-perishable, easy-to-prepare items.
- Flashlight.
- Battery-powered radio.
- Extra batteries.
- First-aid kit.
- Medications.
- Multi-purpose tool.
- Sanitation and personal hygiene items.
- Copies of personal documents (list of medications, passports, birth certificates, insurance policies).
- Cell phone with charger.
- Family and emergency contact information.
- Extra cash.

### Change Your Clock...



### Change Your Battery!

Remember to change your smoke-detector battery when you set your clock back on Sunday, November 4

## October is Fire Prevention Month



Legend says that on October 8, 1871, Mrs. O'Leary's cow kicked over a lantern in a barn which started the Great Chicago Fire. The fire burned for two days, destroyed thousands of homes and buildings, and killed an estimated 300 people.

No matter who started the fire, it was a wake-up call to the danger of fire and a lesson on how to prevent it from happening again.

National Fire Prevention Week is observed the week of the Chicago Fire (this year October 7-13). But the week has grown over the years to encompass the entire month of October.

Firefighters all over the United States visit schools and teach children about fire safety.

This year, the National Fire Protection Association (NFPA) wants everyone to "Look. Listen. Learn. Be aware—fire can happen anywhere."

- **Look** for places fire can start
- **Listen** for the sound of the smoke alarm
- **Learn** two ways out of each room

For more information visit [www.firepreventionweek.org](http://www.firepreventionweek.org)

## Bus Safety Refresher Course

Who is responsible for school bus safety? If you said, "I am" then you are correct. We are all responsible for school bus safety.

### Rules children should follow:

- Arrive at the bus stop early
- Keep a safe distance from the curb for when the bus arrives
- Wait for the bus to come to a complete stop and the bus driver to say it is safe to get on
- Always make sure the bus driver can see them
- Never walk behind the bus

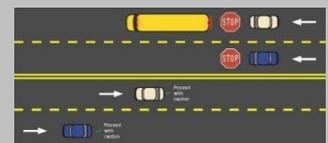
### Rules drivers need to know:

- School zone speed limits
- When to stop if school bus lights are flashing or the stop bar is out

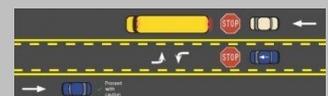
According to the National Highway Traffic Safety Administration (NHTSA) and the National Safety Council (NSC), buses are still the safest mode of transportation for school children. Let's all do our part in ensuring all children riding a school bus stay safe.



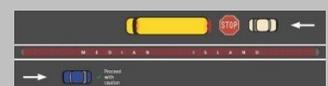
2-lane roadway: both directions stop



3-lane roadway: stop if traveling same direction as the bus



Turning lane: stop if traveling same direction



Median: stop if traveling same direction

Failure to obey school zone laws could result in a \$430 ticket in Washington state!



**2018 Free CPR Classes**  
For more information or to register call 425-430-7000

Fire District 40 offers free “Friends and Family” CPR classes for those who want to be able to help others, but don’t need to be CPR certified for their job or volunteering. The next scheduled classes are **Tuesday, September 18** and **Tuesday, November 13**. Classes are held at Station 13 (18002 108th Ave SE in Renton) from 6:00 PM to 8:00 PM.

Instruction includes CPR for adults, children, and infants. No first aid will be taught at this time, but an introduction to Automatic External Defibrillator (AED) awareness is included. Class minimum is ten students with a maximum of 25. Children under the age of 12 should not attend.

Participation cards are issued at the end of this non-certification class.



Check out the smart-phone app that saves lives by connecting people with CPR training to cardiac arrest victims. Available for Apple and Android devices.



King County Fire District 40  
18002 108th Ave SE  
Renton, WA 98055

## Trick-or-Treat Safety Tips

**HALLOWEEN** is beyond exciting for kids—they get to stay up late, dress in fun costumes, and gorge on candy!

Here are a few quick tips to help keep this spooky holiday from becoming a scary one:

- Plan out the Trick-or-Treat route—make sure parents know where children are going. A parent or responsible adult should accompany young children as they make their way around the neighborhood.
- Make sure Trick-or-Treaters can see and can be seen. Give them a flashlight to light their way, and add reflective tape to costumes and Trick-or-Treat bags.
- Visit only homes that have a porch light on. Accept treats at the door—never go inside.
- Be cautious around animals, especially dogs.
- Walk only on the sidewalks, not in the street. If no sidewalk is available, walk at the edge of the roadway, facing traffic. Look both ways before crossing the street, and cross only at the corner.
- Trick-or-Treat in a group. Older kids should travel together and check in with their parents by phone regularly during the evening.

**STAY SAFE!**  
Halloween Safety Tips

