



King County Fire District #40

Dedicated to the Community We Serve



WWW.FD40.COM

SPRING 2018

- Fire District 40 was founded in 1949 by a vote of the citizens (126 were “for” and 10 were “against”)
- Fire District 40’s first fire station was a Quonset hut on the corner of SE 176th St. and 108th Ave SE. It was replaced with a brick & mortar building in 1959
- Fire District 40’s original insurance rating was “8” on a scale of 1 (the best) to 10 (the worst). Fifty years later, we are now rated as a “4.”
- Fire District 40 is governed by five fire commissioners elected by our citizens
- The public is encouraged to attend Fire District 40 meetings, which are held the 2nd Thursday of each month at 5:00 PM at our headquarters station: 18002 108th Ave SE, Renton, 98055
- Fire District 40 contracted with the City of Renton (now Renton RFA) for services in 2008 after Benson Hill annexed into the City of Renton

Firefighter of the Year



With over 20 years’ hard work, dedication and unwavering determination, Kevin Swynenburg is awarded the 2018 Firefighter of the Year Award.

Kevin’s career started in 1989 at the Renton Fire Department, and he has been part of the Station 17 (Fairwood) crew for over 10 years. Battalion Chief Craig Soucy says “Kevin is a quiet leader that is well respected by all and someone that people seek out for his opinion in many areas.” Kevin is known to solve problems and fix just about anything and everything. That seems to be a consistent heartfelt opinion of Kevin from his peers, as we hear over and over how well liked and respected he is.

Kevin is a compassionate Emergency Medical Technician (EMT) who cares about every patient he comes in contact with. He is a man of honor, never afraid to lead by example. His sacrifice, dedication and professionalism are an inspiration to us all. Kevin has been proud to be one of our Fire District 40 firefighters, and now it is time to not only congratulate him on his Firefighter of the Year Award, but also wish him the best as he plans to retire later this year.

A message from Chief Marshall

In 2008, the citizens of the Benson Hill community voted to annex Fire District 40 into the City of Renton.

After much deliberation by the Fire District 40 Board of Commissioners, it was decided the most cost-effective way to provide quality fire and life safety services to the area would be to contract with the City.

As Fire Chief of the Renton Regional Fire Authority, which provides fire and life safety services to the City of Renton, this agreement gave us the opportunity to stay true to our core value to deliver the best possible services to our region.

King County Fire District 40 and the Renton RFA have developed a strong partnership, and it remains my personal goal to provide the citizens of Fire District 40 the most professional, dedicated firefighters and support staff in the State.

As part of our commitment, we are in the process of constructing a new fire station to serve the area surrounding the Seahawks Training Facility. The new station will improve response times—a measure that helps us deliver life-saving services more efficiently than ever before. We continue to measure and evaluate our performance, not only to

hold ourselves accountable, but to continually improve the services we provide. This improvement aligns with our overall vision of a safer, healthier, stronger community for all.



Visit www.sparky.org for fun activities and safety information



2018 Free CPR Classes

For more information or to register call 425-430-7000

Fire District 40 offers free "Friends and Family" CPR classes for those who want to be able to help others, but don't need to be CPR certified for their job or volunteering. Classes are held at Station 13 (18002 108th Ave SE in Renton) from 6:00 PM to 8:00 PM.

Instruction includes CPR for adults, children, and infants. No first aid will be taught at this time, but an introduction to Automatic External Defibrillator (AED) awareness is included. Class minimum is 10 students with a maximum of 25. Children under the age of 12 should not attend.

Participation cards are issued at the end of this non-certification class.

- Tuesday, March 20
- Tuesday, May 15
- Tuesday, July 17
- Tuesday, September 18
- Tuesday, November 13



King County Fire District 40
18002 108th Ave SE
Renton, WA 98055

Healthy Heart Program

The 2018 Healthy Heart program is now underway!

This program began back in 2006 and has evolved over the years to what it is today. This year we have continued our partnership with UW Valley Medical Center, schools, and the Renton RFA .

Your firefighters present students with healthy heart choices on topics including

exercise, food choices, and limiting screen time daily. In addition to the presentations, students get their blood pressure and blood sugar checked by firefighters. If we find a student with elevated blood pressure and/or elevated blood sugar, the school nurse will follow up with the student to recheck and determine if there is a need to follow up with their doctor.

Please remember if you would like your blood pressure and/or blood sugar checked, stop by Fire Station 17 (14810 SE Petrovitsky Rd. in Fairwood) and we will be happy to check it for you.

